

**“Give Parents a Break”
Referral Certificate**

Name of Spouse

Print Member’s Rank & Name

Organization Duty Phone

Home Phone

Children’s Names Ages

******* Referral *******

The above USAF Service Member and spouse are eligible to receive child care under the “Give Parents A Break” Program from

_____ to _____
Date Date

Printed Name of Person Making Referral

Signature

Organization Work Phone

A Recipe for a Happy Home

In a small bowl of Love, mix ½ cup of Friendship, 1 cup of Thoughtfulness. Cream together with a pinch of powdered Indulgence; then pour into a large bowl of Loyalty and blend gently with 1 cup of Faith, 1 cup of Hope, and 1 cup of Charity. Be sure to add 1 heaping spoonful of Laughter that rings and the Ability to handle all things. Moisten with sudden Tears of heartfelt Sympathy. Bake in a Good-natured pan and serve often!



1/5/2018

GIVE PARENTS A BREAK



SPONSORS:

Air Force Aid Society

Airman & Family Readiness Center

Child Development Center

and

School Age Center

PLEASE TEAR OFF AND GIVE TO THE CDC OR SCHOOL AGE AT TIME OF REGISTRATION.

What is “Give Parents A Break” Program?

The Air Force Aid Society (AFAS) recognizes that Air Force families are subject to unique stresses due to the nature of military life—deployments, remote tours, extended working hrs, etc. Families are often separated from spouses as well as from extended family members who might otherwise offer support. In an effort to help these families, the AFAS, in cooperation with the Air Force child care community, has agreed to provide funding for childcare under “Give Parents a Break.” The purpose of this program is to offer eligible parents a few hours break from the stresses of parenting.

Eligible “Give Parents a Break” users includes parents:

Active duty Air Force (Guard/Reserves Title 10) families include parents feeling stress due to:

- The military member being deployed, on an extended TDY or on a remote tour of duty
- A family crises or emergency such as serious illness of family member, death in the family, extended illness of family members, birth of a new baby, etc.
- Having a child with special needs
- Unique circumstances or hardships

To be eligible for the program, families must be referred by one of the following base agencies:

- Squadron commander/first sergeant
- Chaplain
- Doctor or other medical professional
- Family Advocacy personnel
- Airman & Family Readiness Center personnel
- Child Development Center personnel

Registration begins on the 1st of each month & ends the Wednesday before the date listed below. * Exception—Air Force Ball RESERVATIONS CLOSE ONE WEEK PRIOR TO THE EVENT.

Dates for Give Parents A Break 2018

FRIDAYS

9 Feb	1800-2300	Annual Awards
<u>MILITARY BALLS (Dates subject to change)</u>		
8 Jun	1800-2300	Army Ball
14 Sep	1800-2300	AF Ball
12 Oct	1800-2300	Navy Ball

Saturdays (Time Changes)

20 Jan	1000-1400	10 Mar	1000-1400
14 Apr	1830-2230	5 May	1000-1400
14 Jul	1000-1400	18 Aug	1830-2230
17 Nov	1000-1400	8 Dec	1830-2230

To register, call :

**Child Development Center
(6 wks-5yrs) at 654-3239**

**School Age Program
(5-12 yrs) at 654-1751**

**A&FRC at 654-3893
for eligibility or certificate questions**

- Children must have **proof of current immunizations (including flu vaccine)** before they can be enrolled.
- A completed **AF Form 1181** (contact the CDC at 654-3239 or SAP 654-1751)
- Open-toed shoes are prohibited



The EFMP-FS family support function:

The community support function provided by the Airman & Family Readiness Centers, that includes, but not limited to, on-and-off base information and referral, parent training, support groups, relocation and transition assistance, financial management and school information, respite care and PCS care.

